

Galveston County October 2019



MONDAY	TUESDAY 10/1/2019	WEDNESDAY 10/2/2019	THURSDAY 10/3/2019	FRIDAY 10/4/2019
	Salisbury Beef Brown Gravy Parslied Potatoes Garden Vegetables Wheat Roll 🍞 Fresh Fruit Milk Diet - Same	King Ranch Chicken Whole Kernel Corn Green Beans Wheat Bread Fresh Banana Milk Diet - Same	Sloppy Joe Mixed Beans Catalina Vegetables Hamburger Bun Vanilla Pudding Milk Diet - Vanilla Pudding	Apricot Chicken Breast 🍷🍷 Herbed Rice Diced Beets Wheat Bread Brownie 🍷 Milk Diet - Cookie
10/7/2019	10/8/2019	10/9/2019	10/10/2019	10/11/2019
Lemon Pepper Fish Confetti Rice Mixed Vegetables Wheat Bread Fresh Fruit Milk Diet - Same	Baked Turkey Pastrami* Black-Eyed Peas Diced Beets Wheat Bread Fresh Banana Milk Diet - Same	BBQ Pork Rib Patty+ Baked Beans Medley Cabbage Wheat Bread Strawberry Glazed Pound Cake 🍷 Milk Diet - Cake	Turkey Rice Casserole* Green Beans Sliced Carrots Wheat Roll 🍞 Fudge Cream Cookie Milk Diet - Same	Creole Beef 🍷 Lima Beans Okra and Tomatoes Cornbread Fresh Orange Milk Margarine Diet - Same
10/14/2019	10/15/2019	10/16/2019	10/17/2019	10/18/2019
Meatloaf Brown Gravy Delmonico Potatoes Brussels Sprouts and Corn Wheat Roll 🍞 Fresh Fruit Milk Diet - Same	Ham and White Beans+ Peas and Carrots Spinach Dinner Roll Fresh Fruit Milk Diet - Same	Turkey Breast with Gravy* Macaroni and Cheese Green Beans Texas Bread Cherry Upside Down Cake 🍷 Milk Diet - Cake	Smoked Sausage+* Ranch Roasted Potatoes Broccoli Hot Dog Bun White Cake Strawberry Frosting Milk 🍰 Mustard Diet - Cake	Pork Carnitas+ Pinto Beans Spanish Rice Flour Tortilla Oatmeal Raisin Cookie 🍷 Milk Taco Sauce Diet - Same
10/21/2019	10/22/2019	10/23/2019	10/24/2019	10/25/2019
Smothered Chicken Meatballs Pasta Florentine Italian Vegetables Whole Wheat Breadstick Fresh Fruit Milk Diet - Same	Turkey Macaroni and Cheese* Sliced Carrots Country Tomatoes Wheat Bread Fresh Banana Milk Diet - Same	Chicken Alfredo 🍷 Herbed Green Peas Diced Beets Wheat Roll 🍞 Fresh Fruit Milk Diet - Same	Potato Crusted Fish 🍷 Chuckwagon Corn Parslied Carrots Hamburger Bun Chocolate Pudding Milk Tartar Sauce Diet - Chocolate Pudding	Beef Chili with Beans Parslied Rice Mixed Greens Cornbread Fresh Fruit Milk Margarine Diet - Same
10/28/2019	10/29/2019	10/30/2019	10/31/2019	
Balsamic Brown Sugar Chicken 🍷 Rice Pilaf Stewed Tomatoes Wheat Bread Fresh Fruit Milk Diet - Same	Hamburger Patty 🍷 Shredded Lettuce/Pickles Ranch Beans Hamburger Bun Peach Cobbler 🍷 Milk Mustard and Ketchup Diet - Spiced Peaches	Onion Pork Patty+ Whipped Potatoes Spring Vegetables Wheat Bread Fresh Orange Milk Diet - Same	Vegetable Beef Soup Butternut Squash 🍷 Cabbage Saltine Crackers Animal Crackers 🍷 Milk Diet - Same	

* - Turkey
+ - Pork
🍷 - New Menu Item
🍷 - Upgraded Menu Item

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